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## Arizona State Board of Nursing

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## **Nursing Assistant Training Program** Laboratory Supplies List (Revised 7/2015)

Under R4-19-802(D)(2) nursing assistant training programs are required to have all items needed to teach each required skill. The checklist below is provided to assist programs in obtaining and maintaining the required equipment. The nursing assistant training program must ensure that equipment and supplies are in functional condition and sufficient in number for each enrolled student to practice required skills

The following list details expectations for the provision of supplies and equipment.

ITEM	STANDARD	OPTION/RECCOMENDATION
☐Hospital Bed	Working brakes and ability to raise and lower	No side rails are used for NA state test. So if bed has side rails, work with rails down. Recommend having 1 bed unit per 4-5 students.
□Over-bed table		
□Linens	☐ Flat and fitted sheets ☐ Mattress pad ☐ Towels ☐ Pillowcases ☐ Washcloths ☐ Bedspread	
☐Linen Protectors		
□Pillows		
☐ Privacy Curtain		May be curtain on a full or half track or privacy screen
□Call Light		May be real or simulated, e.g. computer mouse cord
□Night Stand		

□Thermometers	Hand held digital	Oral is used in the state test; may also
	-	have rectal, tympanic.
		NO mercury thermometers.
□Stethoscopes		
(Including Teaching		
Stethoscopes)		
☐ Aneroid Blood Pressure Cuff		
☐ Scale	Can be any type of scale suitable to weigh a patient.	Students should also have experience using scales available at the clinical
☐Manikin or Model	The model may be a full manikin or a peri-care task trainer (model) containing only the peri region, portions of the torso and legs. Needs to be anatomically correct for both male and female (can have interchangeable parts).	facility.  If a full mannequin is purchased, consider a light weight model rather than full weight (about 180 pounds).  Anatomically correct male/ female perineal models are also available.
□Personal Care Supplies Including	□ Briefs □ Pads □ Wash basin □ Towels □ Washcloths □ Emesis basin □ Rinse-free wash □ Tooth brushes □ Disposable toothettes	
	□ Dentures □ Razor □ Shaving cream □ Emery board □ Orange stick □ Comb □ Shampoo □ Hair brush □ Lotion	
☐Clothes for Dressing Residents	☐ Undergarments ☐ Socks ☐ Hospital gowns ☐ Shirts ☐ Pants ☐ Shoes or non-skid slippers	
□Elimination Equipment	☐ Fracture bed pans ☐ Bed pans ☐ Urinals ☐ Ostomy supplies ☐ Adult briefs ☐ Specimen cups ☐ Graduate cylinder ☐ Catheter supplies	
☐ Aseptic and protective equipment purposes	□Running water □Sink □Soap □Paper towels □Clean disposable gloves □Surgical masks □Particulate □Respirator mask for demonstration □Gowns □Hair and shoe protectors □Alcohol wipes □Alcohol base hand sanitizer	

☐Restorative equipment	☐ Wheelchair ☐ Gait belt ☐ Walker ☐ Anti-embolic hose ☐ Adaptive equipment ☐ Cane	
☐ Feeding supplies & Dietary needs	□Cups □Glasses (clear, sizes 120 and 240 ml) □Dishes □Straws □Standard utensils □Adaptive utensils □Clothing protectors	D and S has standard cups available; Diet cards; food items such as single serving pudding, apple sauce, etc.
☐Clean dressings, bandages and binders		
☐Documentation Forms	Documentation of care; I&O forms; vital signs measurements	